



MICRO-GROUP COVENANT

- I will give myself fully to the Lord during this time as I anticipate a season of accelerated spiritual transformation.
- I will commit to this group and consider how I may best spur others on in their relationship with Jesus.
- I will meet weekly with my Micro-Group (60 minutes). When unable, I will stay faithful to engage in Scripture and interact with prayer requests.
- I will commit to the following disciplines: daily Bible reading, participating weekly with the Micro-Group, accountability, and private and group prayer.
- I will contribute to a safe group atmosphere of mutuality, confidentiality, honesty, transparency, and intimacy.
- I will pray every week for the other members of my Micro-Group and those in my life who don't know Jesus.
- I will pray and look for others in my life who I can invite into a new Micro-Group when my current group decides to multiply.

Name: _____ Date: _____

It is important to the health and safety of a Micro-Group that the leader communicates guidelines. Guidelines help create a safe environment for transparency, vulnerability, sharing, and growing closer in relationship with God and each other.

SAFETY: We will strive to create an environment where everyone can be real, open, and honest with their struggles and victories.

CONFIDENTIALITY: What is said in the group stays in the group.

LISTEN: We value one another during the discussions by really listening to what is being shared. We avoid thinking about how we are going to respond, or what we are going to say next.

PAUSE: Allow pauses in conversation after someone shares. Give the person sharing the chance to finish before responding.

SILENCE: It is important to allow silence in the group as it provides an opportunity for someone to share and for members in the group to process the topic or question being considered.

NO "CROSS TALK": Be considerate of others as they are sharing. No side conversations.

NO FIXING: We are not here to fix each other. Jesus does the fixing. Give encouragement, speak truth, and point to Jesus. Don't try to solve problems or fix each other.

NO RESCUING: When people are sharing something deeply personal, resist the temptation to make them feel better about themselves and offer condolences. This will often cause them to stop sharing.

SHARING: Be sensitive about the amount of time you share. Don't be offended if the leader asks to hear from others.

BE SELF-AWARE: Be self-aware of how you are personally effecting the environment through your words, actions, and non-verbal communication.

USE "I" STATEMENTS: Try to use "I" statements rather than "them", "the church", "us", "we", etc.

CONFLICT: We will commit to resolve conflict biblically. When conflict or sin issues between group members arise, we want to make sure we are honoring God and each other in the way we deal with these issues: • Disunity (Matthew 18:15-20) • Restoration (Galatians 6:1-5) • Forgiveness (Colossians 3:12-13) • Reconciliation (Matthew 5:23-24, Matthew 7:1-5)



GUIDELINES